

## YAO Baseball Bermuda -- Pitch Count Rules for Cal Ripken Division

Updated May 22, 2018

We follow the Pitch Smart guidelines as follows:

Age	Daily Max	Required Rest				
		0 Days	1 Days	2 Days	3 Days	4 Days
9 - 10	75	1 - 20	21 - 35	35 - 50	51 - 65	66+
11 - 12	85	1 - 20	21 - 35	35 - 50	51 - 65	66+

Days' Rest are FULL days rest starting the day FOLLOWING the game (i.e. if a 10 year old pitches 66+ pitches on Monday, they are not eligible to pitch again until Saturday).

No pitcher shall appear in a game as a pitcher for three consecutive days, regardless of pitch counts

### Examples

Situation: Player "A" pitches "X" pitches on Saturday. Player "A" is eligible to pitch again on:

X Pitches	Days Rest	Rest Days	Eligible to Pitch On
1 to 20	0		Sunday
21 to 35	1	Sunday	Monday
36 to 50	2	Sunday, Monday	Tuesday
51 to 65	3	Sunday, Monday, Tuesday	Wednesday
66 or more	4	Sunday, Monday, Tuesday, Wednesday	Thursday

EXCEPTION: If a pitcher reaches a day(s) of rest threshold while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs:

1. That batter reaches base;
2. That batter is retired;
3. The third out is made to complete the half-inning (caught stealing, etc.)

The pitcher will only be required to observe the calendar day(s) of rest for the threshold he/she reached during that at-bat, provided that pitcher is removed before delivering a pitch to another batter

*An example of this would be:*

Pitcher starts an at-bat having thrown 32 pitches prior to the first pitch to the current batter. The pitcher completes the at-bat by striking out the batter, throwing an additional 5 pitches. His pitch count at the end of the at-bat is 37, but since he reached the 35 pitch threshold during the at bat, Regulation VI (d) EXCEPTION applies, meaning he will only have to observe 1 day of rest. If the pitcher continues to pitch to the next batter, throwing one official pitch, he will have to observe two (2) days of rest.

*Another way to say this is as follows:*

If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.

If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.

If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.

If a player pitches 21 - 35 pitches in a day, one (1) calendar day of rest must be observed.

If a player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.

### Pitcher/Catcher Limitations

Players who catch for more than three (3) innings (3 innings plus one pitch or more) MAY NOT pitch in the same game. Furthermore, players who throw 51 pitches or more MAY NOT play the catcher position in the same game. The 51 pitches limitation follows the same "finish the batter" provision above.